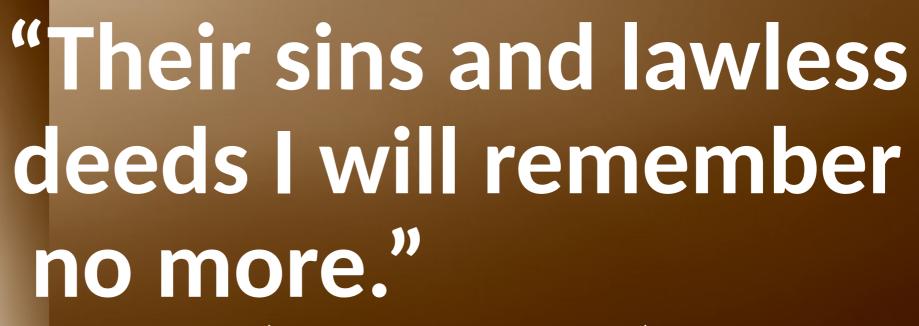


"Bear with each other and forgive whatever grievances you have against another. Forgive as the Lord forgave you." Colossians 3:13

Do not seek revenge or bear a grudge against one of your people, but love your neighbor as yourself. I am the Lord."

It is time for you to forgive yourself for your shortcomings

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9



(Hebrews 10:17)

I was talking about yours sins

Who will bring any charge against those whom God has chosen? It is God who justifies. Who then is the one who condemns?

No one. Christ Jesus who died-more than that, who was raised to life-is at the right hand of God and is also interceding for us."
Romans 8:33-34



So who can bring a charge against you? No one



So who can bring a charge against you? No one Not Even You



God will give you the grace to forgive yourself

"Therefore confess yours sins to each other and pray for each other so that you may be healed."

James 5:16

God can and will:

~heal our hearts ~help us forgive ourselves ~heal our relationships

