Monthly REST

A NEWSLETTER FOR THE SHADY SHORES BAPTIST CHURCH FAMILY

401 W. Shady Shores Road, Shady Shores, TX 76208

940-321-6463

https://shadyshoresbaptist.org

A Week of Prayers

Forgiveness:

Right Path:
Psalm 139:23-24 Search me, God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.

Psalm 51:1-2 Be merciful to me, O God, because of your constant love. Because of your great mercy wipe away my sins.

Wash away all my evil and make me clean from my sin.

Thanks and Praise:
Revelation 11:17 We give thanks to you, Lord God Almighty, the One who is and who was, because you have taken your great power and have begun to reign.

Healing:
Jeremiah 17:14 Heal me,
Lord, and I will be
healed; save me and I
will be saved, for you
are the one I praise.

Strength:
Psalm 119:28 My
soul is weary with
sorrow; strengthen
me according to
your word.

Guidance:
Psalm 31:3 Since you
are my rock and my
fortress, for the sake of
your name lead and
guide me.

Help and Protection:
Psalm 40:13 Please, Lord,
rescue me! Come quickly,
Lord, and help me.

In this issue:

BY THE NUMBERS & TRIVIA

SSBC FOCUS

ONE AND DONE & TAKEAWAYS

Welcome to our Newsletter!

Our newsletter headlines our church's vision: REST!

Reaching the lost

Enabling the saved

Sending the ready

Telling the world the good news of Christ

During Sunday worship we have been focusing on prayer. This month our newsletter underscores the privilege and importance of our prayers.

"Rejoice always; pray without ceasing; in everything give thanks; for this is God's will for you in Christ Jesus."

1 Thessalonians 5:16-18

Pencil Packs as of August 1

Names and quantities produced by individual challenge participants have been withheld to protect anonymity.









Winner to be announced August 21!

By the Numbers

- 625 Prayers listed in the Bible according to Lockyer's "All the Prayers of the Bible". Available at: https://www.gospelpedlar.com/articles/Christian%20Life/Prayer.pdf.
- 450 Approximate number of recorded answers to prayer found in the Bible.
 - 78 Often we end our prayers with the word "Amen." The King James version of the Bible includes "Amen" 78 times.
 - 41 Number of times Paul mentions prayer in his writings.

136 - Degrees! It has been extremely hot here this summer; however, the hottest temperature ever formally recorded on earth occurred in Azizia, Libya, where a temperature of 136 degrees

Fahrenheit was recorded on Sept. 13, 1922.

Tip: You can save money on your air conditioning and still avoid the heat on Sundays! The church is cool and comfortable, and open for Sunday School, Worship, and Choir practice!

Trivia:

1. What percentage of adults report praying daily?

40% 45% 50% 55%

2. What percentage of praying adults reported that they pray for the military?

< 40% 40% - 50% 50% - 80% > 80%

3. Match pastors' reported satisfaction with their own prayer life.

Very satisfied 7%
Somewhat satisfied 16%
Somewhat dissatisfied 30%
Very dissatisfied 47%

4. Pastors' reported median amount of daily prayer time:

15 minutes or less 30 minutes 45 minutes

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5. What percentage of praying adults believes God answers prayers to win sporting events?

40%-45% 45%-50% 51%-55% 56%-60%

6. What percentage of adults have never prayed for financial or career success? <40% 40%-60% >60%

one hour or more.



Fun Fact: In 2002 the Minnesota State Legislature established "Grace" as the state photograph.

Prayer Requests:

Please continue to send prayer requests to Ed Barrett for church-wide distribution [call or text 972-741-1002].

Note 1: prayer requests also can be placed in the offering plate in the foyer along with our tithes and offerings!

Note 2: The church website offers access to

- Online Giving
- Services on YouTube
- SSBC's Facebook Page

Sunday School Classes

Youth - studying the book of Judges
Men's Group - studying spiritual disciplines
Barnabas Class - studying the book of Acts
60 to Heaven Class - studying prayer
Zoom Bible Study: Mondays. 7:00pm.
https://tinyurl.com/barnabaszoom

The oil painting to the left was painted by Rhoda Nyberg from a photograph taken in 1918 by her father, Eric Enstrom. The man in the photo is Charles Wilden, who was a peddler who sold foot-scrapers. Wilden solicited Enstrom who was in the middle of preparing a portfolio of photographs for the Minnesota Photographer's Association convention. Wilden agreed to be photographed. Later, Nyberg painted the image and named it "Grace."

Enstrom later said, "I wanted to take a picture that would show people that even though they had to do without many things because of the war they still had much to be thankful for."

From Grace by Enstrom, available at https://gracebyenstrom.com

Right: A friend for whom we at SSBC have prayed, praying with a leper at a colony near Delhi, India.



Ongoing Events

Shady Ladies Ministry: 1st Saturday. 10am. **Men's Ministry Breakfast**: 3rd Saturday. 9am.

Prayer group: Tuesdays. 10am. **Sunday School**: Sundays. 9:30am.

Choir: Sundays. 2:30pm in the sanctuary.

One Need One Deed: if you have a need, please let us know. We will connect you with someone who may be able to help. Call or e-mail the church as needed!

Upcoming Events

Teacher's Brunch: Saturday, August 6. **TWU BSM Lunch**: Wednesday, October 26

Mission:

We seek to be obedient to God's will through bringing the lost in our community and around the world to Christ, through Bible-centered preaching and teaching, Godly servant leadership, and intercessory prayer.

Take-Aways

When Jesus prayed, He called His Father Abba. The word Abba is an Aramaic word that means Father. It was a common term that expressed affection, confidence, and trust. Abba signifies the close, intimate relationship of a father and his child, as well as the childlike trust that a young child puts in his daddy.

- Excerpted from Bible Study Tools, available at https://www.biblestudytools.com.

Remember: "If God had a refrigerator, your picture would be on it. If he had a wallet, your photo would be in it. He sends you flowers every spring and a sunrise every morning. Whenever you want to talk, he'll listen. He can live anywhere in the universe, and he chose your heart. And the Christmas gift he sent you in Bethlehem? Face it, friend. He's crazy about you.

The last thing you should worry about is being a nuisance to God. All you need to concentrate on is doing what he tells you to do."

- Max Lucado

One and Done

Choose an act of service or mission.

"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus." - Philippians 2:3-5

Consider:

- Offer a bottle of water to a lawn or yard person or team (even if they aren't working on your property!)
- Add a box of popsicles to your weekly grocery list if possible, and offer a treat to construction or road workers.
- Offer a bottle of lemonade, tea, or Gatorade to your mailperson.
- Wave and smile at your neighbors.
- PRAY, PRAY, PRAY

Trivia Answers:

From A 2020 survey of over 1,000 adults representative of the United States:

- 1.45% reported that they pray daily.
- 2. 53% of praying adults reported that they pray for the military daily.
- 3. 16% of pastors are very satisfied with their personal prayer lives, 47% are somewhat satisfied, 30% somewhat dissatisfied and 7% very dissatisfied.
- 4. Median pastor daily prayer time: 30 minutes per day.
- 5. 49% believe God answers prayers for sports team victories.
- 6. 36% have never prayed for career or financial success.

Sources: Presidential Prayer Team (https://www.presidentialprayerteam.org/2020/10/0 6/press-release-prayer-and-politics/) and Church Leaders prayer statistics (https://churchleaders.com/pastors)